



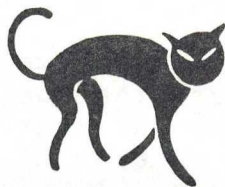
VOICE OF THE RESIDENTS

Vol. IX, No. 2

Cockeysville, Md.

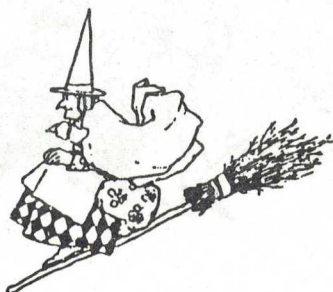
October 1987

This, our tenth month, got its name from the fact that it was the eighth month in the early Roman calendar year which started in March. Calendar revision later put it in tenth place and since most of us have forgotten our Latin we give no thought to the significance of the month's name.



October has no major holidays but there are a number of days noted in one way or another such as ----

October 3	Yom Kippur
October 11	General Pulaski Memorial Day (native of Poland and Revolutionary War hero who died October 11 of wounds at the battle of Savannah)
October 12	Columbus Day
October 15	World Poetry Day
October 24	United Nations Day
October 25	Daylight Saving Ends (2 A.M.)
October 31	Halloween



Having told you for your edification and amusement (we hope) what has happened in October past, here are a few notes on what is to be:

Oct. 1-29	Farmers' Market - Allegheny Ave., Towson, Thursdays 11 AM to 4 PM
Oct. 4	Maryland Honey Festival Noon to 5 PM Oregon Nature Center Noon to 5 PM
Oct. 16 to 18	Sugarloaf Crafts Festival, Fairgrounds, Timonium, Fri. Noon to 9 PM and Sat. 10 AM to 9 PM and Sun. 10 AM to 6 PM (Admission charge)
Oct. 18	Fire Apparatus Display 1 PM to 4 PM Fire Museum, Lutherville (Admission charge)



Oct. 21

Broadmead's Oktoberfest
The nut brown ale and new beer will flow like water (which they probably will be). There will be entertainment and music by accordionist Leroy Heine

NO MAN IS AN ISLAND

A pet peeve of mine has been the unmerited expectations placed upon the physician and medical care. We should have never permitted putting physicians on pedestals. True, there have been a few dramatic achievements - narcotics, anesthetic agents, vaccines, antibiotics, blood transfusions, skin grafting, and aseptic surgery. However, 80 percent of illness is functional and can be treated by any talented individual who displays warmth, interest, and compassion, be they called shaman, minister, or witch doctor. This large functional component allows even "quacks" to be successful. Perhaps 5 percent are wholly incurable and only the remaining 15 percent significantly benefit from the science of medicine. We cannot prevent accidents nor repeal aging. The critical and difficult part is to correctly diagnose the signs and symptoms. However, we are spending more than 10% of the GNP on medical care. We are mortgaging our children's future and indenturing our grandchildren. Those who wish to refute this need only to examine the Amish society. They live long and happily with only an occasional visit to the doctor or hospital, and then only for a significant or catastrophic event.

How did this happen? Why is this so? Medicine is a reflection of societal expectations and technical accomplishments. It is not an isolated aspect of culture inseparable from society in general. As the medical historian, Henry Sigerist said succinctly, "The physician's position in society, the task assigned to him, and the rules of conduct imposed upon him changed in every period. They were determined primarily by the social and economic structure of society and by the technical and scientific means available at the time."

Perhaps Socrates best defined public expectations in Plato's Republic - 5th Century BC.

Socrates says to Glaucon - "When a carpenter is ill, he asks the physician for a rough and ready cure. An emetic, a purge, a cautery, or the knife - that is the remedy for him. But if someone prescribes for him to wrap his head up and keep himself warm, he replies at once that he has not time to be ill, that he sees no good in a life that is spent in nursing a disease to the neglect of his customary employment. He therefore bids the doctor goodbye, resumes his ordinary way of life and either gets well, lives, and does his business, or, if his constitution fails, he dies and is rid of his troubles."

True, most of us would like a little more care than Socrates' carpenter. But let your imagination dwell in an era of such public expectations. Imagine you were an insurance salesman or a malpractice lawyer. There could be no such business. You can think of many analogies.

The medical profession has been too long accused of being either self-serving curmudgeons or miracle workers. They are neither. They are only a reflection of society.

Dr. Thomas Crawford



A LIFELONG VOLUNTEER

Dottie Pearre had her first volunteer job at about the age of 12. She delivered trays to patients at Keswick. It was wartime, and helping hands were desperately needed, even if they were very young. There were no strict state regulations back then, and Dottie was broken into volunteering at a tender age. She has been doing it ever since, and loves it.

She applied for her first job when her youngest (she has four - 2 boys, 2 girls) went off to college. She worked in a dress shop for a year and a half, but wasn't enthusiastic about it.

Then when Broadmead was in the throes of development, she went back to volunteering, luckily for us. She latched onto us because Broadmead is near home. She did whatever she could wherever she was needed. At opening time she was very busy indeed, helping people move in. Later she drove the cart, drove people to appointments, visited on Hallowell and Taylor. Then she acted as receptionist for Dr. Terry as long as he was here.

And now Dottie is Chief Volunteer in running the Country Store. When the gift shop was without a guiding hand in buying, someone who knew Dottie's impeccable taste had the brilliant idea of asking her if she would turn her talents to buying. Ever interested in new things, she decided to try it, even though it was a completely new venture.

Denny Phillips introduced Dottie to her first gift show. Her first buying trip was on her own. She said she spent thousands, and then went home and spent one of the worst sleepless nights she ever had. He had all kinds of qualms - had she spent too much? would people like what she had bought? would they buy the items? had she thrown

away a lot of money? There were some goofs, of course. But last year the Country Store gave the Residents Association \$20,000. Dottie has her answer.

Dottie said that shortly after she took over, Florence "Nightingale" Horney came aboard and took on the organization of the store, plus some of the buying. Together they have formed a smooth, efficient team with Naamah Browning and Jane Baird contributing their good taste to the buying of merchandise.

Buying for our store is difficult, for people here are getting rid of things, not acquiring more. Jewelry and pocketbooks are the best-selling items. Business is exceptionally good at Christmas time, of course, for many Residents buy their Christmas gifts at the store. One enticing service the shop offers is gift wrapping, and wrapping of packages for mailing.

One aspect of volunteering that especially appeals to Dottie is that she can take off whenever she wants to. Late this summer she and her husband are going to Switzerland to visit a daughter, then on to Scotland. Pearrés, we hope you have had a great time!

Helen Criley

A small paper called Prime Time News has appeared on the Reception Desk. It has been written to be of interest to older people. (Apparently any age beyond 60 is considered to be "prime time.")

If you find the sample interesting tell Nancy Grant who will see that more copies are made available.

ALOHA

Depending on context "Aloha" can be a greeting, a farewell or an invitation to return. The Broadmead Luau on August 26th called for all three meanings.

The buffet, as usual on special occasions, was superb featuring such special dishes as cold banana soup, mahi mahi and tender, juicy items grilled on long splinters. Of course, pineapple was visible in all possible forms. Only a few diners hesitated to taste the relative unknowns but would have been instant converts had they dared.

The afternoon entertainment featured Tom Mondloch and his "All Girl Troupe of Hula Dancers" who got enthusiastic applause and even greater applause and merriment when joined by hula impersonator Pepi Williams, one of our staff members.

Karolyn Huffman induced several Residents to take part in public hula dance lessons. After a few more lessons these dancers may be expected (?) to become most proficient.

The program featured Fatima who danced a number of different island hulas while appropriately costumed. To the untutored eye she seemed to have had a bit more training and practice than the resident cast.

The overflow audience was augmented by many of the Broadmead staff who much appreciated the participation of fellow workers. As has often been remarked the Broadmead "family" encompasses more than just the Residents.

Rich Compton did his usual effective role as substitute emcee but it was rumoured that otherwise he would have been in the acts somewhere. Our thanks are due to Nancy Grant, Food Service and to

all the supporting cast and helpers who made the occasion such an outstanding success.

! ALOHA !

THE INSIDE STORY

Welcome to the Sanctum Sanctorum. . .

To many, this kind of "holy of Holies" is represented by the Broadmead Admissions Office, under the direction of Karolyn Huffman; in fact, she is THE office. No small talk, no inquisitiveness, no "just visiting." Everything is "personal" confidential," sealed.

To Karolyn come new residents, on the eve of starting a new life at Broadmead; also come "Futures" seeking light and hope; and, then, there are the "drop-ins" hunting for "instant" accommodations.

In her role, Karolyn strikes a few people as being a "nyet" person, knowing a baker's dozen ways of saying "Really, we have nothing to offer you." The bottom line, however, is that she is thoroughly professional--and more affable than at first blush.

A birthright Friend, she is a member of the Gunpowder Meeting. She was a member of the Board of Trustees when Broadmead was an emerging idea and, later, a volunteer worker. Still later, she was a parttime staffer and, eventually, full-time, at which point she had to relinquish her membership on the Board.

Operating from the Stony Run Meeting House, then from Holly House, it may truthfully be said that she was with Broadmead before there was an actual Broadmead.

She was born in Indianapolis, is a graduate of Wilmington (Ohio) High School and of Wilmington College. Her husband, John, is a teacher in the Baltimore City public schools (French) and is presently an exchange teacher, for a year, in Kawasaki, Japan. The couple are the parents of two teenagers, Laura 20, and Stephen, 15. Karolyn is well-travelled. She lived only five years in the state in which she was born, Indiana, then 11 years

in Ohio, five years in Florida, two years in North Carolina at Guilford College and now, 16 years in Baltimore. Overseas she spent one year in American Samoa, and two years in Kenya, East Africa, where her husband taught Kenyan teachers how to teach English and she taught art and related subjects.

Her hobbies? Swimming, biking, walking, and gardening. She is also very active in the Baltimore Sister City Programs and with Educators for Social Responsibility.

Sitting in the Admissions Office recently, we had an opportunity to share how Karolyn spends her day--at least that day, a Monday.

During a one-hour visit, she had five telephone calls; One from California, one from South Carolina and the other three from the Baltimore area, including Broadmead itself. All had to do with housing accommodations.

The first, not from a "Future," wanted to know about costs. She inquired, too, if she could "just rent" like in any other apartment complex. When told there was about a four-year wait for a vacancy, she replied, "I'll call back."

(At this juncture, Karolyn's daughter peered in. She wanted to pick up a check from "Mom" to pay her fees at Towson State University).

The second call was from a resident who wanted to know when her room in Taylor Hall would be ready. She was anxious to move in, but Karolyn was obliged to smooth her feathers and tell her that the carpeting and the bed would soon be in place; "the holdup is that the carpeting contractor is on vacation," Karolyn later revealed.

(At this break, we learned of the Calendar which the Admissions Office prepares and sends to the administrative staff, stating what apartments are to be vacant and arranging for transfer of residents to Taylor or Hallowell Halls).

The third call, from South Carolina, was from a "Future" who wanted to know what kind of apartment she should expect when she moved to Broadmead. She has been on the waiting list only one and one-half years.

The fifth call was another inquiry about costs, etc., to which Karolyn offered to send the usual package of literature made available to all interested parties.

There is more than answering telephone calls on the daily agenda of the Admissions Office.

Besides attending staff and committee meetings, Karolyn provides new residents with the aids they need for settling in, from the trusty "Yellow Book" to bumper tags for their automobiles; she visits these new residents, telling them of dining room hours, of UPS and other services of the Broadmead community. She also has a hand in tours from such programs as Collington and she attends the welcome receptions given by Isabella Jinnette's Hospitality Committee, "just because I like being among residents," she said smilingly.

Most important of all, she presides over, manages and protects the fire-resistant reservoir of records with all the confidential vital statistics of 1,500 Broadmeaders--past, present and to-be. She also furnishes needed data to the Out-patient Department and to the Director of Nursing in order that these departments will have optimum information on each resident in case of an emergency.

From the list of "Futures" Karolyn is continually matching applicants' requests with anticipated vacancies or vacancies which have occurred, according to size, distance from the Center Building, and the approximate time the "Future" wishes to enter Broadmead.

Sometimes, an apartment is offered to someone and he or she cannot conveniently take it, there and then. It is not true, however, that such a person is "put at the bottom of the list." He or she holds her place, "absolutely," the director of admissions declared.

Asked if she has had any unusual, comical or exciting experiences to share, Karolyn could think of only one. A potential "Future" wanted to know if she could have an apartment near the barn, to be near her horse which would accompany her when, and if she was admitted. This prospective applicant added, further, that she never cooked, so she would sleep in her kitchen and store the horse's gear in the bedroom. Of course, the Broadmead community missed the presence and company of this horse-loving would-be resident.

Readers may also be interested in knowing that, despite all kinds of speculation, men comprise 25 per cent of the Broadmead population. Another item: 20 per cent of us are from other states than Maryland.

As the interview came to a close, we asked Karolyn if she liked her job. With ecstasy she replied, "I enjoy it; it is interesting, fascinating."

Not so fascinating, however, to keep her from taking next January off to spend it with her husband in Japan. Bon Voyage

G. James Fleming

Apartment Changes

Andrew Mac Kinnon	C-19 to T-368
Louise Kriel	T-372 to T-306
Erna White	P-13 to T-374
Wilson Evitt	C-23 to T-304
Christina Sippel	P-3 to T-362
Elizabeth Litsinger	R-10 to C-13
Helen Gibson	K-4 to C-23

IN MEMORIAM

Katharine H. Torsch

August 14, 1902 September 15, 1987

Augusta Thruston

November 20, 1894 September 17, 1987

SENIOR EXPO '87

Senior Expo '87 is coming to Timonium State Fairgrounds on Wednesday, October 28 and Thursday, October 29, and it's going to be an event that you will not want to miss. Sponsored by the Baltimore County Department of Aging, in cooperation with Senior Citizens, Inc., this unique event will feature exhibits, demonstrations, and workshops of special interest to the mature adult. Entertainment, celebrities, food, prizes and discount coupons will also help to make Senior Expo a day of both facts and fun.

Visit Senior Expo, and get the latest financial advice, learn more about your insurance policies, hear about the latest college courses you might take, and have your daily diet analyzed. Visit Senior Expo, and meet Vince Bagli, listen to the music of Zim Zemarel and the U.S. Army Band, ride a steam engine, and have the opportunity to win a VCR or a weekend at Embassy Suites. Visit Senior Expo, and eat sour beef, seafood salad, hot dogs, crab soup, brownies and ice cream.

How much will all this cost, you might ask? Tickets are \$2.00, but \$1.00 discount coupons will be available at all Senior Centers and in the October issue of the Senior Digest. Bus transportation at a small cost will be available at many locations throughout the county, or you may drive and park free at the Fairground's spacious lot. For more information, call 494-2594.

You can visit Senior Expo '87 from 9:00 A.M. until 9:00 P.M. on October 28 and 9:00 A.M. until 4:00 P.M. on October 29. Mark these dates and times on your calendar. Senior Expo '87 will be an extravaganza to remember.

Baltimore County
Department of Aging

THE CONSTITUTION

"The U.S. Constitution is a living organism, reflecting the changes of time, but still holding true to its fundamental principles" was the closing declaration of Dr. Kenneth O. Walker (our Ken Walker) at the opening meeting of the Broadmead Discussion Group for 1987-88 which took place on September 8.

He spoke on "The Constitution: Then and Now" and traced the beginnings of the document whose 200th anniversary is being celebrated all over the nation this year. He gave many new insights.

For instance, he revealed that the Americans who were politically active in 1787, at the time the Constitution was adopted, did not number more than about 100,000 in all the colonies.

Although the total population was about 400,000, white women, slaves and the non-propertied were not counted as part of the body politic. The remainder were those who were considered as being politically involved.

"Thus, the convention in Philadelphia had the limited representation of property owners and the educated, and they were framing a system that responded to their interests," Dr. Walker continued.

"Nevertheless, they framed a document that has lasted for two centuries, that has been the inspiration for other constitutions, and which has outlived most of the others. There are today only about 12 constitutions in force that existed at the end of World War II," according to the speaker.

Step by step, he traced how and why the different elements of the Constitution were adopted; why the separation of powers and checks and balances; why the two houses of Congress, and why the Supreme Court.

On October 5, the topic to be discussed is "The Constitution, Congress, and Foreign Policy."

An evening meeting is scheduled on November 5, when U.S. District Judge Frank Kaufman will be the speaker, on "The Constitution and the Supreme Court."

G. James Fleming

JOIN BROADMEAD'S HEALTH CARE VOLUNTEERS

YOU are needed - can you give us a small portion of your time? If your answer is "yes", put your name in message box P 6 (Kennedy) by October 12.

There are numerous ways in which you can help. Let us tell you about them.

Marlene Twele
Staff Coordinator, Volunteers
Kathaleen V. Kennedy
Resident Chairman

VOLUNTEERS NEEDED

The BOOKCART COMMITTEE needs occasional substitutes on Monday mornings to bring the BOOKCART to the Residents on Taylor and Hallowell.

This is a very rewarding service and if you are interested please call Betty Mercer, E-2, 683-6982.

PRIDE AND GRATITUDE

The exciting news on the Nature Trail is that the lovely rhododendron and ferns planted in the spring survived the hot and dry summer. Our deep appreciation and thanks go to the conscientious watering crew which regularly took to the trail each week. Along with Dick Shroat, the coordinator, Lorne Guild, Frank Craig and Bill Reitz kept watering new and old plants and wild flowers.

We are indebted to the Residents Association for making all this possible by underwriting the construction of the water pipeline and to Maintenance for its construction. A special thanks to Pat Wilson for spraying the rhododendron every three weeks throughout the summer.

There is a growing enthusiasm for wildflowers. Many have been planted by members of the Nature Trail Committee and volunteers. Look for them!

And now, we are looking to spring. More daffodils will be planted this fall for our spring pleasure. Again our thanks to a generous Resident.

As fall approaches, we are again awakened to the beautiful seasonal changes on the Trail. "What is September? Warmth and maturity - a time to remember - fulfillment of a promise." Yes, the fall is all of this.

Margaret Wills

BROADMEAD ATHLETES - GOLF

AL MATHIAS won the Bell Ringer's Tournament (10-week evening - 9 holes).

BILL RIETZ won the Flag Tournament on July 4th.

BOOKS BY RALPH WHITE

Anyone who is seriously interested in peace and ways to prevent war should take a look at two books on that subject, now in our library in the new-books section: Fearful Warriors: A Psychological Profile of U.S.-Soviet Relations, written by Broadmead Resident Ralph White, and Psychology and the Prevention of Nuclear War, edited by him.

Both books, scholarly and objective, are broadly based on facts of history, political science, and psychology. Both are surprisingly readable, considering the complexity of their subject matter. Personally, I found Fearful Warriors the more compelling of the two but some of the articles in the book Ralph edited are equally important and highly readable.

Draza Kline

I like my new bifocals.

My dentures fit just fine.

My hearing aid does fairly well

But I sure miss my mind.

Anon

Elsewhere in this issue is a reprint of an article from the Senior Digest, a publication of the Baltimore County Department on Aging. Should you wish to express an opinion on the subject telephone your Congresswoman or Senator. Since you all are in your "prime time" there is no need to tell you who they are.

BROWSERS BONANZA

When Linda Compton was growing up, her mother managed a dress shop. Linda thought then that someday she would like to have a shop of her own. She did not expect that her dream would become reality soon after the Comptons returned to Broadmead. But after they moved into their new home here, Linda saw that space was available in the Oregon General Store on Shawan Road. She took advantage of the good location, only a mile and a half from home, and opened the Shawan Shoppes-Shawan Teddies and Toys and Shawan Gift Shoppe -- on May 1st.

The two shops are really one shop in two rooms with two names. The shops have two names for a reason - to indicate the type of merchandise they offer. The previous store in this corner location had carried an odd assortment of goods, from very expensive antiques to knick knacks. Linda wanted potential customers to know what they might expect to find when they came in.

The aim of Shawan Shoppes is to carry merchandise that is unique, not in competition with the Mall shops, nor with our own Country Store. In fact, our gift shop and Linda's complement each other. What you can't find in one you may well find in the other. Linda and Dottie Pearre have indeed teamed up and are working together. Dottie spends part time in Shawan as well as in our Country Store. An unbeatable combination.

When you enter Shawan you find yourself in a children's paradise. There are teddies and stuffed animals of all kinds and sizes, dolls, accessories for children's rooms, some hand-carved wood toys that are fun but indestructible -- almost. For mothers of little girls - as well as grandmothers, aunts and great aunts - there are beautiful hand smocked dresses that "grandma" makes. Adults as well as kids will love browsing here. Continue on into the Gift Shoppe to discover items chosen with excellent taste.

When the Comptons were at Duncaster, Linda started a gift shop there. She said that Duncaster's resident population was quite different from Broadmead's. Duncaster residents were willing to help, but there was no one who wanted to take charge of an activity like a gift shop. However, after helping in an established store for a while, residents began to feel comfortable taking on some responsibility.

After the Comptons returned to Broadmead, Linda became involved with the newcomers group last spring. For us oldsters, that is an "Orientation" group held annually to introduce new and fairly new Residents to the fine points of Broadmead living and surroundings they may not yet have discovered. Linda had prepared for teaching at Gettysburg College, but never had an opportunity to teach, for the Comptons married shortly after graduation and spent the next two years in Germany with the Army. With the newcomers Linda had a chance to take part in a kind of educational fun activity, most successfully according to reports.

If you like to browse in new territory, try the Shawan Shoppes. At the first light on Shawan Road, a mile and a half beyond the Mall, turn left and you are headed for the parking lot. Have fun.



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*                                     *
*      MARK YOUR CALENDAR          *
*                                     *
*      NOVEMBER BARN SALE         *
*                                     *
*      Thursday, November 5         *
*      7 A.M. - 4 P.M.              *
*                                     *
*      Friday, November 6           *
*      9 A.M. - 1 P.M.              *
*                                     *
*      Keep Your Donations Coming!  *
*                                     *
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CATASTROPHIC HEALTH CARE LEGISLATION

When the Senate reconvenes on September 10, one of its first orders of business will be consideration of catastrophic health care legislation, S. 1127. The House has already passed such a bill, H.R. 2470, the Medicare Catastrophic Protection Act of 1987.

The House bill places a limit on the amount of out-of-pocket expenses an individual would have to pay in any year of \$1700 for hospital care and physician services. Medicare would pay for any eligible expense above this amount.

The bill eliminates the current limit on the number of days of hospitalization that are covered and ends cost-sharing requirements for lengthy hospital stays. In addition, it increases the number of days covered in a skilled nursing facility from 100 per illness to 150 per year and lowers the copayments. However, neither the House bill nor the Senate bill under consideration would offer coverage for custodial care which is the type of care most nursing home residents require.

The House bill also increases coverage for outpatient mental health care and home health care as well as offering new coverage of 80 hours per year of respite care to relieve unpaid care providers.

The Senate proposal offers similar coverage, but does not include three key benefits which the House bill does. The first is coverage for prescription drugs with Medicare paying 80 percent of the cost of such drugs after an annual deductible of \$500 is met.

The second is safeguard against spousal impoverishment for nursing home residents covered by Medicaid. Currently state laws vary, but are generally very limited. The House bill allows the spouse of a nursing home resident covered by Medicaid to retain at least \$925 a month in income and \$12,000 in liquid assets rather than applying most income and assets to the cost of the nursing home care.

The third provision in the House bill but not in the Senate bill is additional protection for low-income individuals. The House bill requires state Medicaid programs to pay the Medicare premiums, deductibles and copayments for low-income individuals. It also requires states to help low-income individuals meet the \$500 prescription drug deductible by offering either direct reimbursement or the state Medicaid prescription drug benefit.

The House bill would finance the additional protection by a small increase in the cost of Part B Medicare coverage which is deducted from monthly checks, and a sliding scale surtax. Beginning in 1989 the premium would rise from the scheduled \$22.90 to \$25.50 per month. The annual surtax would be a maximum of \$588 in 1988, but it is estimated that up to 60 percent of Medicare beneficiaries would not pay that surtax because their incomes are so low that they pay no income tax.

(Reprinted from Baltimore County Senior Digest.)

ON FEEDING BIRDS

Posted on the nature section of the bulletin board is a list of sources and prices of bird seed. Beside it is an article on feeding birds, copies of which you may borrow.

ANDREW MELBY - L-8

666-2936

Andy moved to Broadmead in mid-June but unfortunately has spent much of the last 3 months either in the hospital or on Hallowell. He is a native of Menomonie, Wisconsin, the home of Stout State College of which he is an illustrious graduate. His career spanned 42 years of teaching school and began in Florida where he met his late wife, also a teacher. He came to Baltimore in 1929 and in 1936 settled in Catonsville in the home he left to come here. He has a son and 2 grandchildren living in Crofton, Md. and a daughter and 2 more grandchildren in Denver. His hobbies include music and reading for which he's had plenty of time during his confinement. We wish him well and back in L-8 in the near future.

JAMES COALE - E-10

628-9326

Jim moved into E-10 in August and though he was born in Buffalo, he has lived most of his life in the Baltimore area and as very near neighbor for 23 years when he taught mathematics at the Oldfields School in Glencoe. He attended the Calvert School in Baltimore, the Hotchkiss School and Princeton University. He has three daughters and 5 grandchildren and one large chocolate standard poodle named Ben. His interest in crafts, particularly wood-working, became evident even before his move for he is well acquainted with our wood shop and its faithful workers. He gardens and plays bridge (the influence of teaching math?) and is an active member of the Emmanuel Episcopal Church.

MORE FOOD SERVICE

There is a side of Food Service that most Residents don't know. That is the Catering Service. This does not refer only to the parties at Holly House, but to simpler services that can be a real god-send to those who have guests in their apartments.

Food Service can cater small parties in your apartment and you will be saved all the bother of having to shop for food to store in the already crowded refrigerator, and then pretend you're entertaining in your own home as in the old days.

Here are a few examples: your overnight guests are traveling by car. They will probably arrive when both the dining room and the coffee shop are closed. Although they will insist they are not hungry, as a thoughtful hostess you will want to serve them a little something with the much welcomed drink. Arrange ahead of time with Food Service. Take your own silver tray and Food Service will arrange cold cuts and cheeses in an attractive manner. If more of a menu is desired, devilled eggs, aspics or salads can be included. The personal touch of taking over to the kitchen your own silver platter is not necessary but most hostesses like this touch of home.

Are you having the familiar cocktail party before dinner but this time want something special that you cannot fix yourself? Food Service will have all sorts of ideas. Shrimp, for example, adds an elegant touch, but preparing shrimp yourself is a nuisance. Food Service can prepare the shrimp to your liking, to be served in ice, or spiced with a special recipe and served on skewers. If you are planning something truly special, Food Service can cook a filet, done to your proper requirements of rareness, arrange it beautifully and send along hot rolls for sandwiches.

Remember: for a real party there is always Holly House and a Catering Service ready to serve you. Plan all these ahead of time and work with the staff for real success.....Bon Appetit.....

Mildred Williams

Black oil sunflower seed is recommended for Broadmead. It contains more fat for warmth and energy than the striped variety, discourages house sparrows, and makes less mess in our gardens. Niger thistle seed is listed reluctantly, since it attracts house finches by the score.

Several types of food were intentionally omitted: 1) wild bird seed and other mixes or small grains, 2) cracked corn and shelled sunflower seeds/chips. Group 2, when wet and moldy, can cause a disease fatal to birds; and both groups strongly attract three introduced and less desirable species; house (English) sparrow, European starling, and house finch.

Since arriving in America, these birds have spread rapidly across the country and their numbers have increased exponentially. Their dominance in numbers as well as their preferences for certain

foods, habitats, and nest sites have caused displacement and demise of some of our native species. Cavity nesters, such as bluebirds, woodpeckers, chickadees, titmice, and house wrens, have suffered declines in their populations because those more aggressive birds compete for and usually win the contested nest sites, sometimes killing in order to do so.

Though we cannot reverse the population trends of these three species elsewhere, we might at least discourage their invasion of Broadmead and decrease their adverse effects upon our native species by offering only black oil sunflower seed. We will still have plenty of them to watch.

Nancy Rowe



Broadmead

13801 York Road
Cockeysville, Maryland 21030

VOICE OF THE RESIDENTS

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Lehman Guyton, President

Founding Editor: G. James Fleming
Editor: Leopold Bridge

Margaret Bouchelle
Helen Criley
Dorothy Graham
Betsy Griffin
Lorne Guild
Louis Hamburger
Helen Hottenbacher
Draza Kline
Elizabeth Mercer
Helen Mary Overstreet
Nancy Rowe
Mildred Tyson
Mildred Williams

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